



# The Falcon Post

January Issue 2012

## New Year's Resolutions

by: Kamonlak Teerapipattanapong

Why is it so difficult to keep a New Year's resolution? Last year, I made a list of about twenty changes I wanted to make in my life. Of course, the list was too long to remember, and the resolutions were too unrealistic. In the end, I couldn't follow any of them for more than a few days. Let's think back, if I could have followed my goals and made them come true I would get a better life, but we need to be realistic as well as optimistic about the goals we set.

This article is about New Year's resolutions. It's about what you want to do in your life to make it even better. You might think your life is good enough, or you may be too lazy to keep something up, but really no one is satisfied with their lives—even billionaires.

How can you make a change? A lot of people wait for the right time. It's never the right time. If you want to start change you need to overcome your laziness, start listing your goals, and follow through—even if it's just one goal at a time.

Hopefully, this article will benefit people that really want to change their life and are determined to go through with their goals as well as people that have never thought about it before. Remember: writing it on your facebook wall or twitter doesn't make any change happen. Everything starts with you.

## St Paul Winter Carnival

by: Huong Tran

The Winter Carnival in St. Paul, Minnesota is a famous outdoor celebration that occurs in wintertime. The legend of this carnival is that St. Paul was extolled to the world as the winter playground of Boreas, the "King of the Winds," because he thought it was so beautiful. He decided to hold a carnival to celebrate the city and winter for ten glorious days with feasting and dancing.

The first carnivals were held 1886-1888 and 1896. They were revived in 1916 and 1917. Beginning again in 1937, they continued through 1942, resuming on a permanent basis in 1946. This event featured activities like bobsledding and ice horse racing. There are over 350,000 visitors for each year. The 126th St Paul Winter Carnival will be from January 26 to February 5, 2012.



# An Interesting Fact

## The Vassilyev Record

by: Sara Gubanyi

In the 1700s, there was a peasant called Feodor Vassilyev in Shuya, Russia. His wife is famous for setting the record for most children birthed by a single woman. The couple had altogether 69 children from 27 pregnancies including 16 pairs of twins, 7 sets of triples and 4 sets of quadruplets between 1725 and 1765. The data have been questioned several times; however, it can be found in the Guinness Book of World Records.



## Newspaper Club Last Issue for the First Semester

What the Newspaper Club members have to say:

I have a ton of fun in this club. I get to write articles of my choice and I also have fun working with the other club members. Thank you Ms. Hovey for the great semester. Love this club! <3 (Min)

I have had a great time with this Newspaper Club. Thank you Ms. Hovey for all your help. <3 Love you :) (Sandy)

I have a good time with friends in this club and Ms. Hovey has helped me a lot. Thank you very much everybody. Love you :) (Huong)

I also had a nice time in the Newspaper Club and I am really grateful for all the support and patience I got. Thank you Ms. Hovey, I am happy to have been in your class. (Sara)

I had lots of fun in Newspaper and I met a lot of nice people. Thank you Ms. Hovey for letting us choose our own articles. This was a really fun semester! (Cara)